



Sarah Rhodes WELLNESS

According to the Federal Food, Drug and Cosmetic Act, as amended, Section 201 (g)(1), the term “drug” is defined to mean: “Articles intended for use in the Diagnosis, Cure, Mitigation, Treatment or Prevention of disease”. A vitamin is not a drug; neither is a mineral, trace element, amino acid, herb, or homeopathic remedy. Although a vitamin, mineral, trace element, amino acid, or herb may have an effect on any disease processes or symptoms, this does not mean that it can be misrepresented or classified as a drug by anyone. Therefore, please be advised that any suggested nutritional advice or dietary advice is not intended as any primary treatment and/or therapy for any disease or particular bodily symptom. Nutritional counseling, vitamin recommendations, nutritional advice, and the adjunctive schedule of nutrition is provided solely to upgrade the quality of foods in the patient’s diet in order to supply good nutrition supporting the physiological and bio-mechanical processes of the human body. Nutritional advice and nutritional intake may also enhance the stabilization of the eight chemical components of the VSC (Vertebral Subluxation Complex).

I, _____, give consent to Sarah Rhodes to provide nutritional and wellness counseling to myself or the client for which I am legally responsible. The consultation will provide information and guidance about health factors within my own control: my diet, nutrition, and lifestyle. I understand that Sarah Rhodes is a consultant, not a medical physician, and does not dispense medical advice, nor will she diagnose or treat any medical condition, but will provide support and education for an already diagnosed condition. She provides education to enhance my knowledge of health through the use of whole foods, dietary supplements, and emotional awareness. While nutritional and botanical support can be an important compliment to my medical care, I understand these services are not a substitute for medical care. Methods of nutritional evaluation or testing made available to me are not intended to diagnose disease. Rather, these assessment tests are intended as a guide to developing an appropriate health-supportive program for me, and to monitor my progress in achieving my goals.

Medical records, personal information and history divulged in session to Centered Wellness will be kept confidential, unless I consent to sharing my medical information.

I agree to hold Centered Wellness, LLC (Sarah Rhodes) hapless for claims or damages in connection with our work together. This is a contract between myself and Sarah Rhodes and Centered Wellness, LLC, and I understand that it is also a release of potential liability.

Client or Guardian's Signature

_ Date